

What's in the news about Ben and the 3rd Congressional District.

[New rules on PTSD help to ease N.M. backlog of vets who need help](#) (SF New Mexican)

As secretary of the state Department of Veteran Services, John Garcia frequently hears from military veterans about the cumbersome process of trying to get help for post-traumatic stress disorder. Some claims are denied, others take months. Some .

[New PTSD guidelines will streamline process for vets](#) (NMI)

The Department of Veterans Affairs has [released new guidelines](#) that will make it easier for veterans to receive benefits for post traumatic stress disorder.